

SAFFELS, JIM

From: Kristen N. <lots_of_smiles@hotmail.com>
Sent: Tuesday, February 21, 2017 7:11 PM
To: SAFFELS, JIM; stephanie.a.walsh@gmail.com; johnconstant4269@yahoo.com; bevjohn9626@yahoo.com; pliska@kc.rr.com; sandrahugs246@yahoo.com; byllyedavidson@me.com; mburt2402@hotmail.com; misapraise@yahoo.com; crcaseres@yahoo.com; mmmmanderson@hotmail.com; amandalgoin@gmail.com; elizabeth.darr@icloud.com.; kstamper89@yahoo.com; Timothy.s.hancock@gmail.com; andy@meerkat.com; judith.boyd@att.net; pmdlady@aol.com; cshifflett@kc.rr.com; leslieabrahms@gmail.com; bmc014@ymail.com; nikkib43@gmail.com; fessup2@msn.com; redman59@earthlink.net; wray_16@yahoo.com; fbrennan820@gmail.com; jaime.parks@yahoo.com; Timothy.s.hancock@gmail.com; indapoull@aol.com
Subject: Intergroup Meeting notes 1-28-17
Categories: OA

KCAIG Meeting Minutes

1-28-17

The meeting opened at 10:54 am with the Serenity Prayer.

Attendees

Chair - Jim
Vice Chair - NA
Treasurer - John C.
Secretary – Kristen
World Service - Beverly
Rebecca B.
Charlotte R.
Tim
Elizabeth D.
Christine
Maureen

Treasurer's Report

Balance: \$5,644.69 Two contributions from Wednesday night Unity and Thursday night Atonement totaling \$600. Christine asked about the \$50 in cash given for Monday night Olathe meeting. John is checking.

Note: By the end of the meeting John confirmed the receipt of the contribution.

Group Reports

<u>Day</u>	<u>Time</u>	<u>Location</u>	<u>Rep</u>	<u>Report Notes</u>
Monday	10:00 am	Maywood Baptist, Independence, MO	Wanda G.	NA
Monday	5:00 pm	Saline Co. Health, Marshall, MO	Andy	NA

Monday	5:30 pm	Westside Nazarene, Olathe, KS	Christine	4 core members on regular basis. Literature meeting.
Monday	6:00 pm	Atonement Lutheran, Overland Park, KS	Jim S.	Lot of people last week, 20-25. good steady meeting and people like the format. Leader is taking bag each week. Church not always available so renting space and still people coming. Leader's choice format.
Monday	6:30 pm	Briarcliff Church, Kansas City, MO	Rebecca	Going well. 12 -13 people most weeks and new comers that have stayed. Mixed format. Lots of recovery.
Monday	7:00 pm	St. Francis Hosp., Maryville, MO	Monica	NA
Tuesday	12:30 pm	Church of Redeemer, Kansas City, MO	Carol S.	NA
Tuesday	5:30 pm	First Christian Church, St. Joseph, MO	Carole	NA
Wednesday	Noon	Central United Methodist, Kansas City, MO	Elizabeth	6-8 attendees with rotating format.
Wednesday	6:00 pm	Unity Church, Overland Park, KS	Jim S.	Going well . 20 people when everyone is there. A lot of new people coming back and lots of recovery. Seems healthy. Format same. People volunteering.
Thursday	10:30 am	Davis Memorial Center, Oak Grove, MO	Barbara	NA
Thursday	11:30 am	Unity Church, Overland Park, KS	Charlotte	6-9. Good leadership. Not fledgling.
Thursday	7:00 pm	Immanuel Lutheran, Kansas City, MO	Tim	Move went well. Church is awesome, embracing and communicating. Very positive. Going to experiment with listening to podcasts. Getting visitors. 5-8 people steady.
Thursday	7:30 pm	Atonement Lutheran, Overland Park, KS	Jim S.	10 regulars. Topic format. Not many new comers.
Friday	8:00 am	Unity Temple Plaza, Kansas City, MO	Elizabeth	3-6 people. Rotating topic format with 1 day a month from lifeline. Frequently have out of towners.
Saturday	8:00 am	Grandview Methodist, Grandview, MO	Linda	NA
Saturday	9:00 am	St. Francis Hosp., Maryville, MO	Monica	NA
Saturday	9:30 am	Keystone Methodist, Kansas City, MO	John C.	18-25 people. Step study format and they have a fireplace too.
Saturday	11:00 am	Briarcliff Church, Kansas City, MO	NA	Now closed

Saturday	1:00 pm	NKC Hospital, North Kansas City, MO	Raylene D.	NA
Sunday	3:00 pm	Immanuel Lutheran, Kansas City, MO	Tim	Going well also. Now have signs on the other side of the building to help find the room. Like the space. Church sets up the room. And they have a fireplace. Communication with church is amazing. Charging same as the other church.

Region 4, WSO Report & WSO Information

WSO trustee needed. Application is due 1-31-17.

Lots of information from WSO to share with your groups. KKN to scan and send to groups.

1. New Twelve Step book and study guide
2. Lifeline is available online
3. Professional Exhibits Fund
4. Poster contest

Committees Reports

No committees running at this time.

Special Business

The following proposed motions for inclusion on World Service Business Conference (WSBC) 2017 Agenda could directly impact meetings and individual members.

C – Move to add a tenth Tool: Mindfulness. Mindfulness is a way of slowing down and thinking about what we are doing at any moment. Mindfulness as a Tool will remind members to slow down, rely on Higher Power, and stop hurting themselves with food.

H and 2 – Add to definition of an OA group registered with World Service Office to include the OA Preamble, The Twelve Steps, Twelve Traditions and mention of Seventh Tradition contribution in the meeting format, making it clear that they are Overeaters Anonymous groups.

N – Create a Sponsorship Day to be held on the third Saturday in August, to set aside a day to focus on how important sponsorship is to recovery.

Please come prepared to vote on motions for the WSBC 2017 Agenda at the February 25, 2017 Kansas City Intergroup meeting. All proposed motions may be viewed on the WSBC 2017 Agenda Questionnaire Summary at oa.org, Menu, Documents, WSBC e-Documents, Questionnaire Summary.

All intergroups and service boards are entitled and urged to vote on the questionnaire. We are asked to note concerns or questions to assist in determining which proposals may require referral to the Reference Subcommittee. Agreeing to have motions on the agenda says we are voting for it to be discussed at WSBC 2017. Beverly requests that Intergroup give guidance on voting for or against motions. After listening to pros and cons at the conference it is the rep's duty to vote his/her conscience, taking into account all information at the time of voting. (Sometimes amendments to motions make them more in line with WSBC group consensus.) The postmark deadline for the agenda questionnaire is March 2, 2017.

Unfinished Business

None at this time.

New Business

If any groups are paying for Lifeline subscriptions, be sure to renew each year. A reminder may be going to the library instead of the group. If you are sponsoring a subscription, please report it to the Intergroup know.

Super Saturday for March - need a group to step up. Send guidelines in email. Add to new business in a couple months to discuss how we ask groups to step up and plan Super Saturdays. Christine will go back to her Olathe group about hosting/helping in March.

PI radio - WSO has radio ads. Are we interested in using them? Jim will see about what they say and how much they cost.

Communications – Kristen suggests having an email distribution signup link on the website to send out mass emails with information such as meeting changes, reminders, *Voices of Recovery* passages, etc. Jim & Kristen will continue to discuss and figure out how to do it through our website. Jim, Kristen & Christine agreed to start a committee.

Voices of Recovery – Christine has idea of sending daily email with that days *Voices of Recovery* passage. Questions that need to be addressed include any copyright issues.

2017 Focus - Looking at PI radio as year's focus.

Literature needs to be replenished. Tim will work with Amanda to work on it.

Meeting ended at 12:11pm with the Serenity Prayer.

Kristen N.
Secretary