

## Minutes May 17 Meeting of the KCAIG

### I. Call the Meeting to Order/Opening Prayer

**II. Roll Call/Introductions:** *In attendance:* John C., Chairman; Rebecca T., secretary, Mary Jo A., Jennifer N., Kim T., Martha B., Faith B., Carmain D., Christine B., Linda V. *Absent:* Wanda G., Sandra B., Jen S., Jim S., Tim H.

**III. Minutes from April** –since minutes were not emailed ahead of time, we took 5 minutes to review. A change was made regarding John’s comments about a workshop with Region IV. With corrections, minutes were unanimously approved.

**IV. Treasurer’s Report** – Jim had to miss the meeting, but sent his report. Expenses were typical. Our final balance is \$4,571.13. There was no discussion about our finances; the report was approved as submitted. *For a full copy of the Treasurer’s report, visit the GKCAI website, or click on the following link: [Kansas City OA/News and Events/Financial Reports](#)*

### V. Group reports

*Mary Jo* – Saturday North KC Hospital 1:00: 10-12 attending. They voted to make a wording change in their introduction about how to find a sponsor.

*Martha* – Monday Atonement 6 pm: Big Book/OA stories; average 30 people.

*Carmain* – Friday Liberty 6:30 pm: nothing new to report.

*Faith*– Saturday Keystone 9:30: 20 to 30 people average attendance. They voted to make a wording change in their introduction about how to find a sponsor.

*Kim* - Sunday Raytown 3:30 pm: no change; average attendance 7 people.

*Linda*-Thursday Atonement 7:30: small meeting, different literature used each week (leader’s choice); leader for the following week takes the bag.

*Christine* – Monday Northgate Baptist 6:30: newcomers attending; they voted to make a wording change in their introduction about how to find a sponsor.

### VI. Committee and Service reports

A. KS Day-John: the flyer is on our KC website; John passed out copies for us to take to our groups. Linda suggested carpooling. The event will be Saturday, Sept. 13<sup>th</sup>. **Action:** *Rebecca will email the flyer via our KC Intergruop email.*

B. Super Saturday– May 31: Everything is on track; building is definitely handicapped-accessible.

C. Fall Retreat– Deanna not in attendance, but everything is on track. Carmaine has volunteered to help with registration. Rebecca reminded IRs to mention

at their meetings to contact Deanna if they would like to help with the retreat. **Action:** IRs should mention at their meetings that anyone interested in helping work on the retreat to contact Deanna either via email ([chicosmom2003@yahoo.com](mailto:chicosmom2003@yahoo.com)) or by phone: 913-406-5277.

D. Sponsorship Committee: No report.

E. WSO: Sandra could not make meeting, but sent her report. Her report began with an overview of how the week flowed then moved to some of the more pertinent business items discussed:

- The body voted against surveying OA groups regarding a name change for OA, as well as changing the pronouns “he” and “him” to God.
- New literature coming out includes a new version of the book Overeaters Anonymous, with more references to “compulsive eater” as opposed to “compulsive overeater.” Also a new Strong Abstinence checklist, as well as a “Unity with Diversity” checklist.
- The move to take out references to O-Anon was withdrawn, as there is an active O-Anon group with a phone meeting.

Sandra also reported her assignment to the Finance Committee and WSOs push to have all IGs operate from a budget. *For a copy of Sandra’s 1 page report, visit the GKCAI website, or click on the following link: [WSO Business Conference Report](#).*

As a group, we discussed the Strong Abstinence checklist, as well as O-Anon. Rebecca reminded the group that individuals can submit topics to be considered for discussion at a future WSO business meeting, and also that Sandra will be our delegate for two more years. John pointed out that IGs can also submit topics for consideration. **Actions:** Rebecca will email the Strong Abstinence checklist via the KC Intergroup email. Also, IRs will report to their groups about the O-Anon meeting, and Jim will put it on our website.

F. Region 4: no report.

## VII. Unfinished Business

- A. Connecting with outlying meetings: Jennifer asked for clarification of questions regarding how to help the Olathe group work out kinks before speaking with Meg of Region IV; she will speak with Rebecca outside of the meeting. We cut the discussion short to move on to discussing the upcoming workshop with Meg (next item).
- B. Workshop with Meg Miller of Region IV- The main question was, what are we looking to do, and who are we targeting? Carmain said when he brought it up at meetings, people weren’t interested. Mary Jo said folks still confused about purpose. Rebecca talked about making IG stronger, attraction not

promotion; clarifying the mission of IG and also how we operate. Christine agreed that we need to clarify our mission. Jennifer agreed that we need to mentor new IRs as they are somewhat confused as to how IG actually operates and their place within it; help them acclimate. Mary Jo said it should be open to anyone who might be interested in IG but isn't currently an IR. Linda suggested we invite anyone who just wants to find out what IG does; however, John suggested that they likely wouldn't give up a ½ day just out of curiosity. We decided that it should be a) education for us as to how we should operate, 2) strengthen the workings of IG, and 3) be open to all IG members and those who are interested in IG in the future. This will help us better infuse new members in the future as we will be more healthy ourselves. Date options are (in order of preference): 9/27, 8/23, 10/4. Time frame would be 8:30ish – 1:30 ish. *Action: John will contact Meg with our proposed focus and date options.*

### **VIII. New Business/Additional Items**

John will be attending the Region IV convention in Minnesota June 20-22.

### **IX. Closing the Meeting**

John reminded people to email him suggestions for New Business for next meeting. We closed with the OA Promises.